

Introduction

Medication reviews

Annual Blood tests

Appointments

MEDICATION REVIEWS

Confidential consultation with a healthcare professional (Pharmacist, GP) to discuss patients medications

Allows patients to raise questions and highlight any issues regarding their medicines ensuring the treatment is effective and safe.



WHEN WILL YOU NEED A MEDICATION REVIEW ?

- **Annually**
- **When you have started a new medication**

MR JOHNSON



Think of medicines as items in a backpack. Every time you are prescribed medicines or buy any supplements it's like adding another item.

When Mr. Johnson, a 75-year old man came in for a medication review, his 'backpack' was full - he was on 10 different medications. He mentioned feeling tired and dizzy all the time, and assumed it was just old age.

During the review, the pharmacist discovered that two of his medicines were interacting and causing the dizziness. Another medicine he had been taking for years wasn't even needed anymore it was originally prescribed for a condition that had long resolved.

The Pharmacist adjusted his treatment, removed unnecessary medicines and changed the timing of a few others. A month later, he came back feeling lighter - not just from carrying fewer pills, but because his energy had returned and the dizziness was gone.

That's why medication reviews matter. They're like unpacking your backpack to make sure everything inside is still helping you - not weighing you down



ANNUAL BLOOD TEST

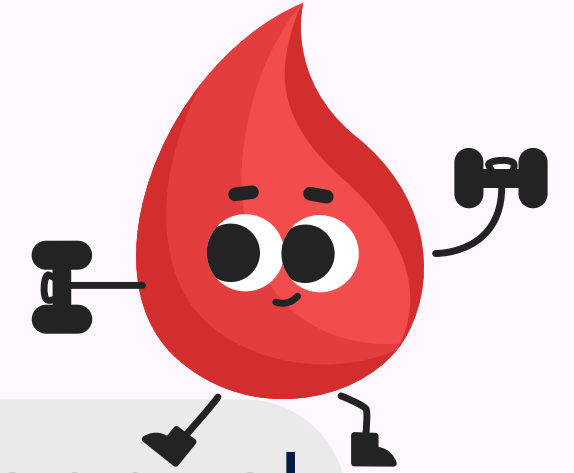
**Detects
potential health
issues early**

**Chronic disease
managemnet**

**Organ function
assessment**

**Overall well
being**

JAMES



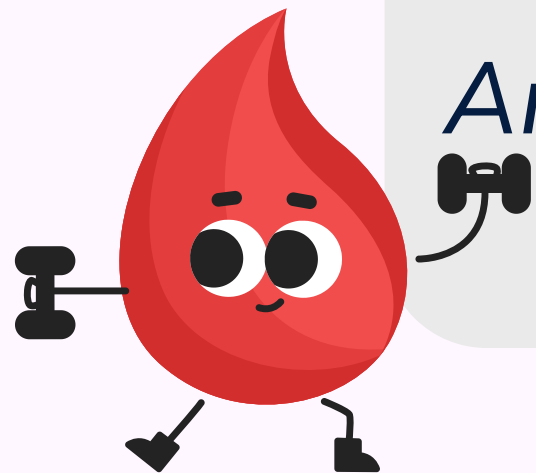
James is an active young man, so he almost skipped his annual blood test.

But when he went, it showed his cholesterol was very high — something he couldn't feel at all.

With some diet changes and medication, he lowered it before it led to a heart problem.

That test may have saved his life.

Annual blood tests help catch silent risks before they become serious



APPOINTMENTS

Ring reception (8am)

E-consult

Pharmacy referrals



*Thank
You*